

Embrace Disruption and Change

with Mary Catherine Bateson and Cathy Salit



Wednesday, May 23, 2018

6:30 - 8:00 pm

92nd Street Y
1395 Lexington Avenue
New York, NY 10128

Tickets \$29

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Cathy Salit and **Mary Catherine Bateson** have both spent their careers specializing in human development — specifically embracing change and growing amid conflict and new experiences. In this rare joint presentation, Mary Catherine will touch on how to reframe your past in order to create your future, while Cathy will discuss The Becoming Principle®, and the power of being who you are and who you are not (yet). They'll share their collective vision, expertise, and real world techniques to embrace new opportunities, and get you on your feet in experiential group exercises. You'll come away inspired, and equipped with new tools for both professional and personal life.

Space is limited, so [order your tickets today.](#)



Mary Catherine Bateson is a cultural anthropologist, writer, and educator. She has written and co-authored many books and articles, lectures across the country and abroad, and has taught at Harvard, Northeastern University, Amherst College, Spelman College and abroad in the Philippines and in Iran. She has served on multiple advisory boards including that of the National Center on Atmospheric Research, dealing with climate change. Her recent work includes the book [Composing a Further Life: The Age of Active Wisdom](#), written to raise consciousness of the changing life cycle and to encourage older adults to claim a voice for the future. Other books in print include [Composing a Life](#), [Our Own Metaphor](#), and [Peripheral Visions](#), as well as a memoir, [With a Daughter's Eye: A Memoir of Margaret Mead and Gregory Bateson](#). In 2011 she gave a series of six public lectures at Boston College, with the title "Love across difference," which she is now developing into a book, to be published by Farrar, Straus & Giroux. [Read more...](#)



Cathy Rose Salit is an author, performer, executive coach, and social entrepreneur. She co-founded [Performance of a Lifetime \(POAL\)](#), a consulting firm that uses the art and science of performance to help leaders and teams close the gap between the current reality and their desired future. Her team of coaches and human development experts leverage The Becoming Principle® to engage leaders and companies in creating and acting on new and uncharted possibilities. She is the author of [Performance Breakthrough: A Radical Approach to Success at Work](#) (Hachette Books), in which she presents her revolutionary approach to learning and growing. Her work has been featured in the [Harvard Business Review](#), Forbes, Fast Company, The

Wall Street Journal, CEO World Magazine, and in a weekly column for [Inc.com](#). She is also an artistic associate at the award-winning [Castillo Theatre](#) in New York City, and sings jazz and R&B on any stage she can find...or create. [Read more...](#)